



30 Things



Year 2





Anything is Possible

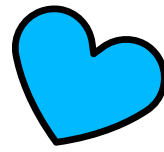
If you have a little **dream**, tucked inside your heart,
Take a step, try your best, you're ready to make a start.

Be **kind** in all you say and do, help others on their way,
A smile can make a cloudy sky turn bright on a rainy day.

Be **curious**, ask "why?" and "how?", keep learning as you go
The world is full of wonders with so much more to know!

Be **determined** when things feel tricky, don't give up or hide,
Hard work helps you grow with courage as your guide.

So dream big **dreams**, believe you can, no matter who you are,
With **kindness**, **curiosity** and **determination**, you'll shine just
like a star ★



My 30 Things Book

This booklet is filled with exciting challenges for you to enjoy and complete during Year 2.

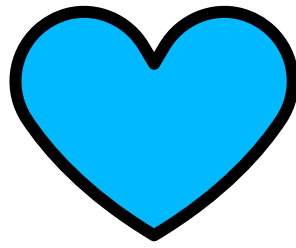
As you work through the activities, we'd love to see what you've been up to, so please send in lots of photos.



Each time you finish an activity, don't forget to tick it off and celebrate your achievement.

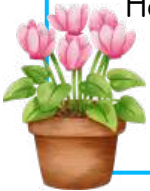
In July, we'll hold a special celebration assembly for everyone who completes all 30 Things!



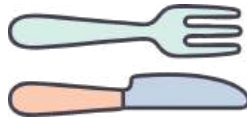


You are kind

Show kindness to
another Exwick
Heights family.



Help out at home
and lay the table
every day.



Find and
decorate a
pebble. Give it to
someone you love.



Help to recycle at
home.



Donate something
to a charity or
charity shop.



Help your family
to make lunch.



Leave a little
kindness...in a
library book. E.g. a
drawing, a poem
or message.



Read a bedtime
story to someone
at home.



Show kindness by
opening doors for
others.



Create one kindness challenge of your own!



You are curious



Walk in a woodlands. What animals and trees can you spot?

Try cloud watching. What shapes can you see?

Learn how to count to 10 in another language.

Make bridges out of different materials and test their strength.

Draw a picture of what you think curiosity is.

Travel somewhere on the train.



Look for the North Star in the sky.

Visit Exeter library.

Plant a seed.

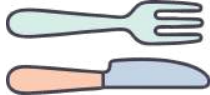


Create one curiosity challenge of your own!



You are determined

Work hard on your table manners, using knives and forks correctly.



Draw a picture of what you think determination looks like.



Perform something for your friends and family.



Complete a jigsaw puzzle.



Hunt for footprints! The beach? The woods? Animal? Human?



Make a bird feeder.



Go swimming!



Learn how to ride a bike or scooter.



Read everyday!



Create one determination challenge of your own!



My Achievements

These are not part of 30 Things but give them a tick if you achieve them this year!

☐

Star Learner

☐

Super Star Learner

☐

50 dojos

☐

100 dojos

☐

150 dojos

☐

Attendance Bear

☐

Reach the Heights

