

# CURRICULUM LETTER

Reception - Spring 2



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## Exwick Heights Primary School

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Wednesday 25th February 2026

Dear Parents/Carers of Exwick Heights Primary School Reception pupils,

### Personal, Social and Emotional Development

This half term, we will be exploring the theme: Healthy Me. Through a range of adult-led and child-initiated activities, we will begin to understand what 'healthy' means. We will learn about the importance of being active for good health and talk about the things that keep us healthy. For example, we will learn that some foods are healthier than others; that sleep is good for us; and the importance of good hygiene, particularly with regard to handwashing.

**Supporting learning at home:** please draw your child's attention to (and praise) the choices they make each day which help to keep them healthy e.g. brushing their teeth, resting, eating their vegetables at dinner time, having a drink of water, being active.



In **Communication, Language and Literacy**, we will continue to with our early reading and phonics sessions. Specifically, we will be consolidating our learning within Phase 3 of the Little Wandle programme, by revising the GPCs ('Grapheme-Phoneme Correspondences' - how the letters and the sounds match), and tricky words learnt in Spring 1, so to develop automaticity.

We will continue to practise reading daily and in our designated reading practice sessions, when will read decodable texts. We will further develop a love of reading through daily story times and learning activities linked to key texts including: 'The Paper Dolls', 'Mad About Minibeasts' and 'Pip & Egg'.

Daily writing activities will enable us to apply our developing phonic knowledge, as well as practice correct letter formation.

**Supporting learning at home:** please continue to take every opportunity to share books and read with your child, as it makes a huge and positive difference to their learning and development.



In **Mathematics**, we will be learning about subitising, revisiting the principles of counting, the comparison of quantities, using the language of 'more than', 'less than' and 'equal to'. We will consider the composition of numbers within 10, investigating part-part whole relations e.g. seeing that 10 can be made of 8 and 2. We will also explore 3D shapes.

**Supporting learning at home:** please practise counting objects with your child at home, encouraging them to embed their counting rules (counting everything once, counting in order, and the stopping number).

REACH THE HEIGHTS

## Physical Development

In **Gymnastics** we will develop our confidence in fundamental movements; learn and refine a variety of shapes, jumps, balances and rolls; as well as link simple balance, jump and travel actions. In **Dance**, we will work as individuals, in partners and as part of a group to count and move to beats of 8, as well as to copy and repeat movement patterns.

We will also continue to focus on developing fine motor movements during a variety of play-based activities and handwriting practice sessions.

**Supporting learning at home:** please plan time to share active and/or outdoor play with your child. This might include: messy play, jumping, walking, dancing, swimming, climbing, skipping, games such as hide and seek, throwing and catching, scooting, riding a trike/bike and other outdoor activities.



This half term, our key texts will provide the springboard for learning in **Understanding the World**. Initially, we will learn about Mother's Day, past and present; we will then focus on living things and their habitats, specifically minibeasts. Following this, we will explore spring time, by learning to recognise the signs of spring in the natural world, as well as learning about Easter and why it is special to Christians.

**Supporting learning at home:** when out and about, please talk with your child about any signs of spring that you see.



In **Expressive Arts and Design**, we will have varied opportunities to engage with the arts, enabling exploration and play with a wide range of media and materials, link to our themes.

We will also be exploring and developing threading and weaving skills during **Design Technology** sessions; and in **Music**, we will listen to, talk about and move to musical stories such as the "Teddy Bear's Picnic" by John Walter Bratton and Jimmy Kennedy, and "Peter and the Wolf" by Sergei Prokofiev.

Home Learning: All 'core' home learning and reading records will be checked on a Friday, with time scheduled in the day to share and celebrate any 'Curiosity' tasks completed. If you would like to email anything to share in this session, please use the [admin@exwickheights.devon.sch.uk](mailto:admin@exwickheights.devon.sch.uk) address.

If you have any questions about your child's learning, please do not hesitate to speak to your child's teacher directly or email [admin@exwickheights.devon.sch.uk](mailto:admin@exwickheights.devon.sch.uk); your query will be passed to them. If you have any concerns or want to bring something to our attention, please do contact Miss Bradbury.

Miss Woolner and Miss Bradbury  
Picasso

Mrs Benham and Mrs Johnson  
O'Keeffe